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Rotary Club of Apex

"SERVICE Above Self"

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**APEX ROTARY NEWSLETTER - JANUARY 10, 2008**  
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The Basics

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**Attendance:** 48 Apex Members  
**Rotarian Visitors:** Bill Rousseau, Scott Baker & Ken Charvis.  
**Guests:** Johnny Pavlik, Mike Stratton, Bill Jensen, Sandy Dignan & Joy Wilkes.  
**Inducted:** None  
**Makeups:** None Recorded

**Speakers:** Betsy Sullivan, Director & Chief & Jeff Armstrong, Logistics Officer- Mobil Critical Care Services, WakeMed hosted by Mike Jones. Mobile Critical Care Services provides hospital- to-hospital transport of critically ill cardiac, medical/surgical and pediatric patients as well as inter-facility transport for care of patients requiring Basic Life Support Services. Fifteen trucks in the Mobile Care Services fleet transport on average 700 patients each month. Each Specialty Critical Care transport team includes

two nurses with advanced training in critical care and an emergency medical technician. Patients receive the benefits of WakeMed's specialized care before they arrive at the Heart Center. An air ambulance helicopter serves a nine-county region including Wake, Sampson, Harnett, Wilson, Wayne, Nash, Johnston, Franklin and Lee counties. The air ambulance will benefit stroke, cardiac, neonatal, neurosciences and trauma patients among others who require specialty care as quickly as possible at WakeMed's tertiary care hospital, WakeMed Raleigh Campus.

**THIS WEEK'S MEETING (JAN 17) WILL NOT BE AT CARRABBA'S. THE MEETING WILL BE HELD AT THE LIFE EXPERIENCE SITE AT 1:00PM (See below for directions)**

### ANNOUNCEMENTS & REMINDERS

**There will be no meeting at Carrabba's on January 17th. The Vocational Services Committee has planned a Life Experiences site visit to replace the weekly meeting.** We will meet at 1 PM at Life Experiences in Cary. Please remember to sign up so a lunch will be provided for you. Mary Madenspacher, Executive Director, will speak and provide a tour of the facilities for us.

**DIRECTIONS:** Take NC-55 North to High House Road (3.2 miles from Carrabba's Restaurant ; turn right onto High House Road and then left onto Cary Parkway (2.4 miles); after traveling

1.1 miles on Cary Parkway, turn right onto James Jackson Avenue; approximately 0.3 miles later, turn left onto Towerview Court; and the destination of Life Experiences (260 Towerview Court) is on the right and will be reached after traveling 0.2 miles on Towerview Court. Phone Number: 467-1973 if needed. There is plenty of free parking in front of the building.

**Dudley Moorhous** announced that there will be a **second Million Meal** event under the auspices of and taking place at the Apex Baptist Church on **February 16th**. This is in addition to our Million Meal event on Feb 24th. Members interested in participating can contact Dudley at [dmoorhous@lendingfor you.com](mailto:dmoorhous@lendingfor you.com).

**\$500 Paul Harris Fellowships** - Annual Giving Chair, Russell Duncan, has advised that there are twenty-four more \$500 Paul Harris Fellowships thanks to a most generous Rotarian. Russell can be reached at [rwdnca@bellsouth.net](mailto:rwdnca@bellsouth.net) or (919)733- 1901.

**Rotary International "Membership Minute"** Newsletters can be viewed on the [R.I. Int'l website](#). District 7710 urges members to keep themselves updated by viewing these monthly newsletters.

### Coming Attractions

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Stop Hunger Now Million Meal Event - February 24, 2008 will be held in partnership with the Apex United Methodist Church at their facility. Details to follow.

Pancake Breakfast - May 3, 2008. Details to follows and volunteers required

Program Information

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**2008 STOP HUNGER NOW EVENT for 2008.** Apex Rotary Club, in partnership with the Apex United Methodist Church will sponsor a "STOP HUNGER NOW MILLION MEAL EVENT". Between Apex Rotary and Church members, an expected 500 people will volunteer to package 150,000 dehydrated meals in approximately 25,000 sealed plastic bags, 6 meals to a bag. The meals include rice, dehydrated vegetables and protein mixture. Apex Rotary will fund this event, with financial assistance from the Church, by purchasing the ingredients and providing member manpower with the United Methodist Church providing the facility and parishioner manpower. The meal packets will be boxed and trucked to a warehouse facility where they will ultimately be shipped to third world countries in Latin American and Africa. More information can be obtained from the [www.stophungernow.org](http://www.stophungernow.org) web site.

**Guatemala School Book Donation Program:** See "Programs" in the March 15, 2007 Meeting Newsletter on [www.apexrotary.org](http://www.apexrotary.org). For those interested in participating to help the "Colegio de HOPE" children recently visited by Howard Malinski, contact him for further information. For information online, visit [www.hopewwguatemala.blogspot.com](http://www.hopewwguatemala.blogspot.com)

### Are You Lookin At Me?

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Special Notes

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**Using the Microphone:** Whenever you are speaking to the Club, whether it be as a speaker, making announcements or any other address to the Club, please come forward and use the microphone. Not only are there hearing impaired members, there is the problem with the Restaurant's kitchen fans blasting away so that the tables near the kitchen miss half or more of what you will say. Some of you feel you have loud voices. What you do not know is that when you start off, it's fine but as you go on, your voice gets lower and softer. You don't hear it but we do. Thanks for your cooperation.

**Apex Rotary Member Database Update:** You can update your personal data as follows:

1. Go to [www.apexrotary.org](http://www.apexrotary.org).
2. Click on "Membership"
3. Insert your email address (the one you used when you joined). In "Password", enter your Rotary ID number leaving out the first zero digit and click "Login".
4. Go to "Members" (top left) and click on "View My Data". It will automatically find your file.
5. Click on "Edit Member" and update your data.
6. On completion, at the very bottom of your data file, Click on "Update".

**The weekly newsletter** can now be viewed on our web site [www.apexrotary.org](http://www.apexrotary.org), click on "Newsletters". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).>

**Speaker Schedule** is now posted on the Club's web site <http://www.apexrotary.org>. Click on "Club Documents" and then on the "Speaker Schedule 2007-2008".The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Apex Rotary Web Site News:** Click on the **NEW "Club Documents"** link on the Apex Rotary web site to see and have the option to download & print forms and copies of important club documents. The files are in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Bruce Velsor - Communications**

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