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Rotary Club of Apex

"SERVICE Above Self"

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## APEX ROTARY NEWSLETTER - MARCH 20, 2008

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The following is a quote from a personal eulogy given by a past member of the Apex Rotary Club for a deceased member at gravesite. A concept by which we members should all abide.

"For those of us who remain, and especially for our fellow Rotarians, we should always be mindful of this life well lived, a life of service above self, a life in which service to God, service to country and service to family was an unending mantra. Would that we all live such a life!"

The Basics

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**Attendance:** 41 Apex Members  
**Rotarian Visitors:** Bill Rousseau, Holly Springs, Randy Clayton & Mark Honek.  
**Guests:** Russ Enrath, Cindy Cicero, Taki Donovan & Natalia Figaro.  
**Inducted (See photos below):** George Andreas (Mike's Father).  
**Makeups:** Apex Invasion participants Will Brame, Lisa Garrity, Eric Sayer, Bruce Radford, Karen Byrd, Tammy Yates, John Cicero, Cat Kearns, Bruce Velsor & Margie Maddox.

**Speaker:** Pam Blondin, Executive Director of the Susan G, Komen for the Cure, NC Triangle affiliate, hosted by Brenda Steen.

Susan G. Komen for the (breast cancer) Cure has been named a top-rated charity by Charity Navigator, America's largest independent evaluator of charities. Charity Navigator's award of a maximum four stars indicates that the organization excels, as compared to other charities in America, in successfully managing its organizational finances in an efficient and effective manner. This is an exceptional feat, especially given the economic challenges many charities have had to face in the last year. Susan G. Komen for the Cure was named one of America's 100 Best Charities by Worth Magazine. The magazine credited Komen for the Cure as the creator of the "now famous and widely imitated Race for the Cure®". To date, Komen for the Cure has invested \$1 billion in research, education and health services. And because so many millions of people are counting on us to fulfill our promise to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures, they will invest an additional \$1 billion over the next decade to do just that.

**Race for the Cure, June 14, 2008 at Meredith College.** The Susan G. Komen Race for the Cure® Series raises significant funds and awareness for the fight against breast cancer. These events celebrate breast

cancer survivorship and honor those who have lost their battle with the disease. The largest series of 5K runs/fitness walks in the world, the Komen Race for the Cure® Series has grown from one local Race with 800 participants in Dallas in 1983 to a series of more than 120 Races with more than 1.5 million participants this year alone.

Funds raised during the Komen Race for the Cure® Series support the Komen vision of a world without breast cancer. Up to 75 percent of the net income from each Race stays in the community to fund local breast health education and breast cancer screening and treatment projects. A minimum of 25 percent of the net income from each Race supports the Komen Award and Research Grant Program, which funds groundbreaking breast cancer

**ANNOUNCEMENTS & REMINDERS**

**Golden Agers will host a lunch on April 2nd at 12.30pm** at the CC Jones Building, Holleman St, off Salem. ***This replaces the weekly meeting on April 3rd.***

**Shred Day April 12th** at the public parking lot across from the Apex Police Department on Saunders Street downtown. Hours of operation 10:00am to 1:00pm.

**\$500 Paul Harris Fellowships** - Annual Giving Chair, Russell Duncan, has advised that there are twenty-four more \$500 Paul Harris Fellowships thanks to a most generous Rotarian. Russell can be reached at rwdncan@bellsouth.net or (919)733- 1901.

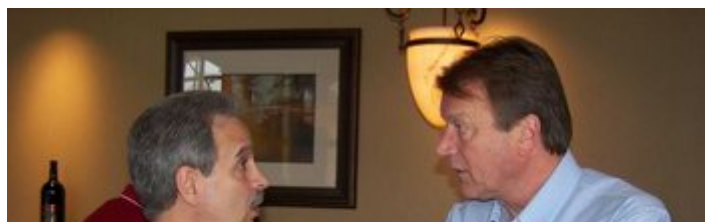
**Rotary International "Membership Minute" Newsletters** can be viewed on the R.I. Int'l website. District 7710 urges members to keep themselves updated by viewing these monthly newsletters.

**New Apex Rotary Member George Andraes**



New Rotarian, George Andraes with his Son, Apex Member Mike Andraes who participated in the induction.

**Apex Invasion at Cary Morrisville**



John Cicero and Bruce Radford at the Cary Morrisville Apex Invasion.

### More Apex Invasion Pix



From left to right, Eric Sayer, Margie Maddox, Tammy Yates, Lisa Garrity & Karen Byrd.

### Programs



**Guatemala School Book Donation Program:** The following is a brief narrative from Apex Rotarian Howard Malinski about his trip to Guatemala in 2007 and the Apex Rotary book donations to the "Colegio de HOPE Guatemala".

"Nancy Winfrey and I, on behalf of the Apex Rotary Club, traveled to Guatemala City to distribute school books to the Colegio de HOPE Guatemala. The books were donated by the Apex Rotary Club and was our second donation of books to the school. The books have completed the goal of furnishing all 230 students with the required books for a two year period. Colegio de HOPE Guatemala is a private ,non-profit school that serves the children of Le Linea Ferreo (steel line). These children do not pay to attend the school; however, it may cost their family the wages that the children could be earning if not in

school. These families are truly impoverished. The generosity of our membership has touched the lives of at least 230 children and their families. By attaining some education, these children may escape the poverty in which they were born. If you have ever wondered if your actions matter, this project is proof that you do make a difference! Your compassion and generosity will serve the people of Guatemala for years to come. On behalf of the children on Le Linea Ferreo, they send their love and gratitude."

For those interested in participating to help the "Colegio de HOPE" children, contact Howard. For additional information online, visit [w www.hopewwguatemala.blogspot.com](http://www.hopewwguatemala.blogspot.com).

### Special Notes



**Using the Microphone:** Whenever you are speaking to the Club, whether it be as a speaker, making announcements or any other address to the Club, please come forward and use the microphone. Not only are there hearing impaired members, there is the problem with the Restaurant's kitchen fans blasting away so that the tables near the kitchen miss half or more of what you will say. Some of you feel you have loud voices.

What you do not know is that when you start off, it's fine but as you go on, your voice gets lower and softer. You don't hear it but we do. Thanks for your cooperation.

**Apex Rotary Member Database Update:** You can update your personal data as follows:

1. Go to [www.apexrotary.org](http://www.apexrotary.org).
2. Click on "Membership"
3. Insert your email address (the one you used when you joined). In "Password", enter your Rotary ID number leaving out the first zero digit and click "Login".
4. Go to "Members" (top left) and click on "View My Data". It will automatically find your file.
5. Click on "Edit Member" and update your data.
6. On completion, at the very bottom of your data file, Click on "Update".

**The weekly newsletter** can now be viewed on our web site [www.apexrotary.org](http://www.apexrotary.org), click on "Newsletters". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).>


**Speaker Schedule** is now posted on the Club's web site <http://www.apexrotary.org>. Click on "Club Documents and then on the "Speaker Schedule 2007-2008".The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Apex Rotary Web Site News:** Click on the **NEW "Club Documents"** link on the Apex Rotary web site to see and have the option to download & print forms and copies of important club documents. The files are in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Bruce Velsor - Communications**

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