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Rotary Club of Apex

"SERVICE Above Self"

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## Apex Rotary Newsletter January 28, 2010

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The following is a quote from a personal eulogy given by a past member of the Apex Rotary Club for a deceased member at gravesite. A concept by which we members should all abide.

"For those of us who remain, and especially for our fellow Rotarians, we should always be mindful of this life well lived, a life of service above self, a life in which service to God, service to country and service to family was an unending mantra. Would that we all live such a life!"

The Basics

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**Attendance:** 30

**Rotarian Visitors:** Bill Rousseau, Holly Springs.

**Guests:** One

**Makeups:** None Recorded.

**Inductions:** None at this time.

**Speaker:** Joy Currey, Founder & President of "Corral - For A Leg Up In Life". CORRAL seeks to pair rescued horses with at-risk girls to promote healing, transformational growth and ultimately, lasting life-change. The CORRAL participants are considered "at-risk" because of their socio-economic status, family-life environment, neighborhood/peer influences or other extenuating circumstances. These are girls who are likely to struggle with Substance Abuse, Eating Disorders, Sexual and Physical Abuse Issues, Depression, Gang Involvement, Anxiety, Poor Socialization, Relationships, Communication, Anger Management Problems & Truancy. For additional information, [CLICK HERE](#).

## The Weekly Peak Post for January 28, 2010

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The Weekly "Peak Post" issued by Lora Bulla, for use at meetings as an Agenda, will also be included in all future E-mailed Newsletters for those who miss or makeup a meeting. To view the January 28, 2010 issue, [CLICK HERE](#).

Important Announcements & Reminders

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***At this time, event schedules and details for the coming year, have not been submitted for publication. Officers and Chair Holders are urged to submit details to the Communications Officer at their earliest convenience.***

### ***Apex Rotary Web Site News***

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If you haven't already looked at the club's web site, please take a little time to familiarize yourself with it. It can be useful when you are questioned about the club and its programs. Just refer them to the site.

The web site address is <http://www.apexrotary.org> or [click here](#).

Special Notes & Guidelines

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**Make Ups:** Please remember to submit all make- up notifications to the Club Secretary as soon as you can. They can be submitted two weeks before and/or two weeks after a missed meeting.

**Guests and Visiting Rotarians:** We are always excited about having guests and visiting Rotarians to our weekly meetings. Please share the names of your guests with the Club Secretary each week. We do keep a record of who attends and this information will help with the book keeping.

**Using the Microphone:** Whenever you are speaking to the Club, whether it be as a speaker, making announcements or any other address to the Club, please come forward and use the microphone. Not only are there hearing impaired members, there is the problem with the Restaurant's kitchen fans blasting away so that the tables near the kitchen miss half or more of what you will say. Some of you feel you have loud voices. What you do not know is that when you start off, it's fine but as you go on, your voice gets lower and softer. You don't hear it but we do. Thanks for your cooperation.

**Apex Rotary Member Database Update:** You can update your personal data as follows:

1. Go to [www.apexrotary.org](http://www.apexrotary.org).
2. Click on "Membership"
3. Insert your email address (the one you used when you joined). In "Password", enter your Rotary ID number leaving out the first zero digit and click "Login".
4. Go to "Members" (top left) and click on "View My Data". It will automatically find your file.
5. Click on "Edit Member" and update your data.
6. On completion, at the very bottom of your data file, Click on "Update".

**The weekly newsletter** can now be viewed on our web site [www.apexrotary.org](http://www.apexrotary.org), click on "Newsletters". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).>

**Speaker Schedule** is now posted on the Club's web site <http://www.apexrotary.org>. Click on "Club Documents and then on the "Speaker Schedule (current year)". The file is in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Apex Rotary Web Site News:** Click on the **NEW** "[Club Documents](#)" link on the Apex Rotary web site to see and have the option to download & print forms and copies of important club documents. The files are in PDF format and you will need to have *Acrobat Reader* installed. If you do not have it, download it free at [Acrobat Reader](#).

**Communications Officer Contact Information**

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Email Address: velsorb@gmail.com
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